

PRESS RELEASE

06-11-2014

Thomas K. Mancuso Appointed to Board of Directors at Idaho North Resources

Idaho North Resources (OTC QB: IDAH) (“IDAH” or “the Company”) today announced that Thomas (Toby) K. Mancuso has joined the Company’s Board of Directors. Mr. Mancuso is a well-respected development and mine operations geologist with more than 35 years of experience in exploration, operations, and management of various mining companies. He was previously President & CEO of Western Goldfields Inc. (now New Gold Inc.) where he was responsible for the purchase of the operating Mesquite gold/silver mine from Newmont Mining Corporation. He was also Senior Geologist for Freeport McMoRan Gold Company and Chief Geologist for Kennecott Corporation where he specialized in advancing projects from exploration to production and was directly involved with the startup and operation of five mines.

Mr. Mancuso is currently Managing Director for Consolidated Goldfields Corporation and also operates his own consulting company, Mancuso Resource Development Services, LLC. He received his M.Sc. in Geology from the Idaho School of Mines at the University of Idaho and B.Sc. in Geology from Bowling Green State University.

INR President Mark Fralich stated, “Toby brings decades of valuable experience as an entrepreneurial exploration geologist, with particular expertise operating in the gold and silver fields of the desert southwest. We are very pleased to welcome Toby Mancuso to the INR team.”

About Idaho North Resources

Idaho North Resources is a U.S. based junior company exploring for gold, silver, and base metals in Nevada. The Company recently finalized an Exploration Program Agreement with Coeur Mining, under which Coeur will fund, and have exclusive earn-in rights, to certain of the Company’s central Nevada projects. The first Earn-In Option Agreement with Coeur was subsequently signed on the Klondyke Project, near the Hasbrouck gold-silver deposits. The Company also has long-term lease agreements on the Green Monster and Divide projects, as well as

the Eagleville project, where it recently completed an initial drill program. Idaho North Resources is a fully reporting company, listed on the OTCQB under the symbol IDAH.

This news release contains certain forward-looking statements within the meaning of the Federal Securities Laws. Such statements are based on assumptions that the Company believes are reasonable but which are subject to a wide range of uncertainties and business risks. There are many factors that could cause actual results to differ from those anticipated.

For more information please contact:

Mark A. Fralich, President

Phone: (503) 313-2586 cell - (509) 928-7604 office

E-Mail: mafralich@gmail.com or info@idahonorthresources.com

Website: www.idahonorthresources.com